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Sanatan Mandir Cultural Centre's
Baalvidyaalay

Prayers

Reference & Guide

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1) Ganesh Bhagwaan

a) Prayer

Vakratunda Maha Kaya Surya koti samaprabha
Nir Vighnam Kurume deva Sarv karye su-sarvada

b) Meaning:

Oh, Lord Ganesha with the curved trunk and massive body, the one whose splendor is equal to millions of Suns, I pray to thee Oh Lord, to remove the obstacles from all the actions I intend to perform.



2) Saraswati Shloka

a) Prayer 2.1

Yaa kundendu Tushaara-haara-dhavala Yaa Shubhra-vastraavritaa
Yaa Veena-varadanda manditakara Yaa Shwetaa Padmaasanaa
Yaa Brahmaachyuta Shankara Prabhrithihi Devaihi Sada Vanditaa
Saa maam paatu Saraswatee Bhagavatee Nih-shesha jaadyaapahaa

b) Prayer 2.1 Meaning

Goddess Saraswati Is All White Like The Kunda Blossom, The Moon, Snow, And Pearl. She Is Dressed In Pure White. While Two Of Her Hands Play The Veena, The Two Other Hands Are Poised To Give Blessings, And Award Punishments As Needed. She Is Seated On A White Lotus. She Is Ever Worshipped By All The Celestials Including Brahma, Vishnu And Maheshwara. May the Bhagawati Saraswati Remove My Obstacles And Protect Me.

c) Prayer 2.2

Sarasvati namastubhyam |
varade kamaroopini ||
vidyaarambham karishyami |
siddhirbhavatu me sadaa ||

d) Prayer 2.2 Meaning

Oh Bhagawati Saraswati, I bow to you, the fulfiller of my wishes. I begin my studies seeking your blessings so that I shall always be successful.



3) Morning Prayers

a) Prayer

Karaagre vasate Lakshmi Karamoole Saraswati
Karamadhye Tu Govindam Prabhate Kar Darshanam
Samudra Vasane Devi Parvatatan Mandale
Vishnu Patni Namastubhyam Pada Sparsham Kshamasvame

b) Meaning

On the tips of the fingers resides Goddess Lakshmi-Goddess of Wealth, On the wrist resides Goddess Saraswati-Goddess of Knowledge or learning, In the centre of the palm resides Lord Govinda Himself, Every morning one should look at the palm with reverence.

O! Mother Earth, who has the ocean as clothes and mountains and forests on her body, who is the wife of Lord Vishnu, I bow to you. Please forgive me for touching you with my feet.



4) Guru Stotra

a) Prayer 4.1

GururBrahma GururVishnuhu GururDevo Maheshvaraha
GururShakshat Param Brahmaa Tasmai Sreegurave Namaha.

b) Prayer 4.1 Meaning

Guru is Brahma Himself. He Is Vishnu. He Is Also Shiva. Guru is The Supreme Lord, I Offer that Great Guru my respect.

c) Prayer 4.2

Twameva Maataa Cha Pitaa Twameva
Twameva Bandhuscha Sakhaa Twameva,
Twameva Vidya Dravinam Twameva .
Twameva Sarvam Mama Deva Deva.

d) Prayer 4.2 Meaning

O Lord ! You are my mother, You are my father, You are my brother,
You are my friend, You are my knowledge (wisdom), You are My wealth (of strength, valor and power), You are my all, My God of Gods.



5) Krishna Bhagwan Stotra

a) Prayer

Vasudeva Sutam Devam Kamsa Chaanooramardanam
Devaki Paramaanandam Krishnam Vande Jagadgurum

b) Meaning

I PRAY to Lord Krishna, the GREAT son of Vasudev, who killed the great tormentors like Kamsa and Chanoora, who is a source of greatest joy to Devaki, and who is indeed a world teacher.



6) Gita Shlok (Chapter 15, Verse 14)

a) Prayer

Aham Vaishvaa Naro Bhutvaa
Praaninaam deha maashritaha
Praanaapaan Samayuktaha
Pachaamyannam Chaturvidham

b) Meaning

As the digestive fire remaining in the human body, I (Lord) digests the four kinds of food by combining with incoming (Prana) and outgoing (Apana) vital air.



7) Vishnu Stotra

a) Prayer

Shaantaakaaram Bhujagashayanam Padmanaabham Suresham
Vishwaadhaaram Gaganasadrasham Meghavarnam Shubhaangam.
Lakshmikaantam Kamalanayanam Yogibhirdhyaanagamyam
Vande Vishnum Bhavabhayaharam Sarvalokaikanaatham.

b) Meaning

I bow to Lord Vishnu the One Master of the Universe, who is ever peaceful, who reclines on the great serpent bed, from whose navel springs the Lotus of the Creative Power, who is the Supreme Being, who supports the entire universe, who is all-pervading as the sky, who is dark like the clouds and has a beautiful form; the Lord of Lakshmi, the lotus-eyed One, whom the yogis are able to perceive through meditation, He, who is the destroyer of the fear of Samsar.



8) Rama Shlokam

a) Prayer 8.1

Ramaya Rama Bhadraya Ramachandraya Vedhase
Raghu Nathaya Nathaya Sitayah Pataye Namaha

b) Prayer 8.1 Meaning

To Rama, Ramabhadra, Raghunatha(These are different names of Lord Rama), the Lord, the Consort of Seetha, our salutations to him.

c) Prayer 8.2

Sri Rama Rama Rameti Rame Raame Manorame
Sahasra Nama Tat Tulyam Rama Nama Varanane

d) Prayer 8.2 Meaning

Lord Shiva told this shloka to Parvati I meditate upon Sri Ram as Sri Rama Rama Rama, the thrice recital of Rama's name is equal to Recitation of the thousand names of Lord Vishnu (Vishnu Sahasranama)



9) Prayer to be Said When Lighting a Divo

a) Deepdarshane

Shubham karoti kalyanam
Arogyam dhanasampadha
Shatrubuddhi vinashay
Deepjyotir namostute!

b) Deepdarshane Meaning

I bow to the light from the lamp, which brings brilliance, good times, health, wealth and possessions and which destroys all my bad thoughts.

c) Gayatri Mantra

Om Bhur bhuva svah
Tat savitur vareniyam
Bhargo devasya dhimahi
Dhiyo yo nah pracho dayat!

d) Gayatri Mantra Meaning

We bow to the Supreme Sun, whose light pervades this world (bhuh), the heavens (bhuvah) and the next world (suvah). May thy light guide our intellect in the right direction!

The Gayatri Mantra is chanted in the morning after taking a bath. It helps us to bring balance into ourselves and to remove any negative thoughts so that we can find the real God within us.



10) Prayer to be Said Before Going to Bed

a) Mahadevji's Shloka

Karacharan kritam vak kayajam karma jamva
Shravana nayanjamva manasam va aparadham
Vihitam vihitamva sarvmetat kshamasva
Jay jay karunabdhe shri mahadeva shambho

b) Mahadevji's Shloka Meaning

Oh Lord! Kindly forgive my wrong actions done knowingly or unknowingly, either through my body (namely arms, legs, mouth, speech) or through my sense organs (eyes or ears) or by my mind. Glory to the great Lord Shiva who is the ocean of kindness.

c) Shanti Shloka

Om Saha naavavatu sahanau bhunaktu
Saha viryam karva vahai
Tejasvi na vadhitamastu Maa vidvisa vahaih
Om Shanti Shanti Shantihi

d) Shanti Shloka Meaning

Om! Let him protect us both. May he bless us with bliss of knowledge! Let us exert together. May what we study be well studied! May we not argue or quarrel with each other. Om Peace! Peace! Peace!



e) Navgraha Shloka

Brahma Murari, Tripurantakaari
Bhaanu shashee Bhumi suto Budhascha
Guruscha Shukra Shani Rahu Ketava
Sarve gruha shantikara bhavantu.

f) Navgraha Shloka Meaning

We pray to Brahma (the creator), to Murari (Lord Vishnu, the sustainer), to Tipurantakari (Lord Shiva, the destroyer) And to all the nine planets. May they all make our lives happy and blissful.

g) Hanuman Shloka

Manojavam maruta tulyavegam
jitendriyam buddhimatam varistham
vatatmajam vanara-yuthamukhyam
shri rama-dutam sirasa namami.

h) Hanuman Shloka Meaning

I take refuge in Hanuman who is as fast as the mind, equals his father, Maruta, in speed, is the master of the senses, the foremost amongst the learned, the leader of the Vaanara forces and the great messenger of Shri Rama.



11) Prayer for Sarva Dharma

a) Prayer

Om Tat Sat Sri Narayana Tu, Purushotthama Guru Tu
Siddha Buddha Tu, Skanda Vinaayaka,
Savitha Paavaka Tu
Brahma Mazda Tu, Yahva Shakthi Tu,
Esu Pitha Prabhu Tu
Rudhra Vishnu Tu, Ramakrishna Tu,
Rahim Tao Tu
Vasudeva Go Viswaroopa Tu, Chidaananda Hari Tu
Advitheeya Tu, Akaala Nirbhaya
Aatmalinga Shiva Tu

b) Meaning

Om Thou art that, Thou art Narayana, God in the form of man;
Thou art the Embodiment of perfection and the perfect master.
Thou art enlightened Buddha;
Thou art Subramanya and Ganesha, the remover of obstacles; Thou art the Sunfire
Thou art Brahma, the Creator; Mazda, the Great One;
Thou art Jehovah and the Divine Mother, the creative Energy. O Lord!
Thou art the Father of Jesus.
Thou art Rudhra, the Transformer, and Vishnu, the Preserver;
Thou art Rama and Krishna;
Thou art Rahim, all kindness, always giving and expanding;
Thou art the Tao.
Thou art Vasudeva, the Sustenance of all, omnipotent and omnipresent;
Thou art Hari, Destroyer of illusion, the blissful Spirit.
Thou art unparalleled, beyond time and fearless of adversities;
Thou art Shiva, Creator of the lingam, Symbol of the formless Absolute.