



## **Sanatan Mandir Cultural Centre**

**9333 Woodbine Ave. Markham, ON. Canada (905) 887-7777**

### **Winter Ski Camp**

February 10, 11 and 12, 2012

- ❖ Lots of fun activities for the day and evening
- ❖ One instructor for every 10 kids
- ❖ Winterized and heated accomodations
- ❖ Three prepared vegetarian meals a day and evening snacks
- ❖ Limited registration available. **FIRST COME FIRST SERVED.**
- ❖ Bus will leave at **6:30 PM sharp** on Feb. 10, 2012 (Friday) from Sanatan Mandir Cultural Centre, 9333 Woodbine Ave. Markham. **Be there at 6:00 PM sharp.**
- ❖ Bus will return at 6:00 PM on Feb. 12, 2012 (Sunday) to Sanatan Mandir. Please call Mandir for exact arrival time.

*For Registration Related Questions Please Call*

**Pramod Patel: 905-948-8777**

**Visharad Patel: 905-471-5805**

**Rakesh Patel: 416-704-8184 (Brampton)**

Download Forms from: **<http://www.sanatanmandir.com>**

**Walk-in Registration:** 11:00am-12pm, Jan 22, 2012 (Sun) at SMCC  
High-school students may apply for limited volunteering opportunity  
Registration requires copy of OHIP card, copy of Birth Certificate, a Passport Photo & a cheque payable to "Sanatan Mandir Cultural Centre" **(NO CASH PLEASE)**

**Registration Fees: \$120/Camper (NON REFUNDABLE)**  
**THERE WILL BE EXTRA CHARGE OF \$25/LARGE HOCKEY/ROLLER BAGS**

Campers Age Group: 8 to 14 Years

Includes ski-rental, transportation, accommodation and meals

All forms MUST be received at the Mandir by Feb 5, 2012 Noon

**No Forms will be accepted later or on the bus**

**\*\*\* ABSOLUTELY NO EXCEPTION \*\*\***

## Winter Camping

### What to take (Limit one SOFT gym bag, one sleeping bag and a small hand bag)

#### To wear everyday

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Underwear (Fleece/woolen long johns)</li><li><input type="checkbox"/> 2 pairs of woolen socks</li><li><input type="checkbox"/> Appropriate Footwear</li><li><input type="checkbox"/> Fleece or wool shirt</li><li><input type="checkbox"/> Pants (fleece/wool or ski type)</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Wool sweaters</li><li><input type="checkbox"/> Parka</li><li><input type="checkbox"/> Wool Mitts with water repellent outer shell over them</li><li><input type="checkbox"/> Toque (Winter cap) or Scarf</li></ul> |
|---|---|

#### To Pack (Pack in SOFT DUFFLE/SMALL SPORT BAG)

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Blanket and Pillow</li><li><input type="checkbox"/> Sleeping bag</li><li><input type="checkbox"/> Pajamas/Night dress (fleece/woolen)</li><li><input type="checkbox"/> Extra bed socks</li><li><input type="checkbox"/> Indoor shoes/slippers</li><li><input type="checkbox"/> Flashlight</li><li><input type="checkbox"/> Toothbrush and Toothpaste</li><li><input type="checkbox"/> Towel</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Notebook and pencil</li><li><input type="checkbox"/> Camera (At camper's risk)</li><li><input type="checkbox"/> Radio/CD Player/iPod (At camper's risk)</li><li><input type="checkbox"/> 2 pairs of extra socks</li><li><input type="checkbox"/> Extra handkerchief</li><li><input type="checkbox"/> Extra wool mitts</li><li><input type="checkbox"/> Comb</li><li><input type="checkbox"/> Soap/Shampoo in a container</li></ul> |
|--|---|

### **NOT TO BRING**

ANY EXPENSIVE items like I-Phone, expensive CAMERA etc.

SLED, TOBOGAN, RACERS (FOLDING CRAZY CARPETS ARE OK TO BRING)

**LARGE HOCKEY BAGS, CARRY-ON BAGS, BAGS ON ROLLERS (THERE WILL BE EXTRA \$25/LARGE BAG CHARGE)**

### What you will get at the camp

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Cross Country Skis and Poles</li><li><input type="checkbox"/> Cross Country Ski Boots</li><li><input type="checkbox"/> LOTS OF FUN....</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Accommodation in a log cabin</li><li><input type="checkbox"/> Bunk bed with a foam mattress</li></ul> |
|---|--|

### Highlights of Winter Camping

Believe it or not, winter camping can be as much fun as camping in summer. Of course, there's a big difference in temperature and there are new conditions to cope with. But a winter camping experience lets you know that you can cope with all kinds of weather. Just remember, prepare adequately for winter camping, more than you normally do for summer.

As far as equipments are concerned, most of the gear you use in summer can still be used in winter. You will need a sleeping bag made of good down or synthetic materials; water repellent wind proof outer clothing; and warm sets of underwear. With snow covered ground, it is easier to tow your gear by sledge or toboggan than on your back. Best of all is the fun of skiing, snow shoeing, sliding, tobogganing and snow balling.

To really enjoy winter camping, you must keep warm. The clothing you wear will not MAKE you warm, it will only KEEP you warm. The heat to make you warm is generated by your own body. The clothes will keep your body warm if you wear them effectively. The secret of keeping warm is to wear layers of loose fitting clothing to control the sweating by letting the normal body moisture evaporate, and at the same time keep you out of the wind chill. If you wear two light sweaters instead of one heavy sweater, the trapped air space between the layers will act as insulation, and will prevent body heat from escaping. You can remove layers of clothing, when your body becomes very warm from exercise while skiing or playing games. Don't forget to put the layers back on to keep yourself warm.

Remember to take out wet socks and keep them near the heating source (dryer or baseboard heater) to dry them. Similarly, give your wet clothes to the volunteers for drying. Wet socks and clothes are very uncomfortable and could make you sick.

***Enjoy winter camping and have lots of fun...***

Staple form here



# Sanatan Mandir Cultural Centre

9333 Woodbine Avenue, Markham, Ontario,  
Canada L6C 1T5 (Phone: (905) 887-7777)

## Camper's Personal Information

- Name \_\_\_\_\_  
(First name) \_\_\_\_\_ (Last name) \_\_\_\_\_
- Birthdate (Year/Month/Day) \_\_\_\_\_ Sex: \_\_\_\_\_
- Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_
- Home Phone \_\_\_\_\_ Parent's Cell Phone \_\_\_\_\_
- Father's Name \_\_\_\_\_ Mother's Name \_\_\_\_\_
- Emergency Contact (family friend) \_\_\_\_\_ Contact's Cell # \_\_\_\_\_
- Camper's Email \_\_\_\_\_

Staple  
Camper's  
recent wallet  
size Photo

## Camper's Medical Information

- OHIP Number with initials (if any) \_\_\_\_\_
- Doctor's Name \_\_\_\_\_ Doctor's Phone \_\_\_\_\_
- Is your child on any medication: \_\_\_\_\_ Allergies \_\_\_\_\_  
Please give details \_\_\_\_\_
- Do you know of any problems your child may have that will restrict child's camp activities? Please give details \_\_\_\_\_

Preferred Roommates (Will try to accommodate) \_\_\_\_\_

## Parent's Declaration

- I have provided SMCC with all the information concerning my child's health as might be required to provide such care and medical treatment as may be necessary.
- In the event of an emergency where treatment is necessary in the best interest of my child, I hereby give permission to a SMCC representative to authorize physician(s) and hospital personnel(s) to provide whatever medical or surgical treatment may be necessary at that time.
- I understand and agree that SMCC or representatives or volunteers assigned by them will not be responsible for loss or damage to any personal items..
- I will not hold any individual working on behalf of SMCC responsible for any damage, or injury suffered by my child during the period of the winter camp.

Parent's Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

**DON'T WRITE BELOW**

**FOR OFFICE USE ONLY**

Payment Method: \_\_\_\_\_ dated \_\_\_/\_\_\_/\_\_\_ Amount: \$ \_\_\_\_\_ Photo OHIP COB  
Camper's Id \_\_\_\_\_ Cabin No. \_\_\_\_\_

**COPIES ON (FAX) THERMAL PAPER NOT VALID**

Staple cheque here

# Sanatan Mandir Cultural Centre

## Winter Camp

### CODE OF BEHAVIOUR

The cafeteria hours are as follow. The exact schedule will be communicated to the campers on their arrival to the camp.

Breakfast 8am to 9:00am

Lunch 12:30pm to 1:30pm

Dinner 6:00pm to 7.00 pm

1. All campers not present at these allocated times will have to make their own arrangements for meals as the premises are needed for use by other groups.
2. All campers must abide by the rules set by the camp councilors.
3. A curfew will be imposed at midnight. This means that all persons must return to their own cabins by this time.
4. No person is allowed to go to a cabin, which is not allocated to him or her, without members of that cabin being there.
5. Each person allocated to a cabin will be responsible for the safety of all existing fixtures and fittings. A cabin member or members will immediately receive disciplinary actions for any act of vandalism, damage and alteration to any of the cabin fixtures.
6. All cabins are fitted with smoke detectors. The removal of batteries, tempering with them or damage to the device would result in the camper being sent back to Toronto at his or her own expense or even handed over to the local authority.
7. Possession of cigarettes and alcohol is strictly prohibited in the entire camp-site and could result in their removal by the local police.

Failure to abide by any of the above rules will result in immediate disciplinary actions. Person or persons responsible will be sent back to Toronto at their own expense and all money paid forfeited.

### PLEASE READ AND EXPLAIN TO THE YOUNG CAMPER

We hereby agree to the code of behavior set out above.

Camper's Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_