



**Sanatan Mandir Cultural Centre**  
9333 Woodbine Ave. Markham, ON. Canada (905) 887-7777



## **Winter Ski Camp**

**February 9-11, 2018**

- ❖ **Cross Country Skiing and lots of fun activities throughout the day**
- ❖ **One instructor for every 10 kids**
- ❖ **Winterized and heated accommodations**
- ❖ **Three prepared vegetarian meals a day and evening snacks**

### **Registration**

**Download Forms from: <http://www.sanatanmandir.com>**

Campers: 8-14 Years    Volunteers: High-school students under 18 years  
Volunteers must apply **in person** for limited volunteering opportunity

**Registration Fees (NON REFUNDABLE): \$130/Camper/Volunteer**

Includes ski-rental, transportation, accommodation and meals

**\$50 LATE FEE AFTER DEADLINE PROVIDED SPACE IS AVAILABLE**

**\$25/BAG SURCHARGE FOR LARGE ROLLER/ HOCKEY BAGS**

**SUBMIT** completed form online to [smccwintercamp@gmail.com](mailto:smccwintercamp@gmail.com) by attaching it with following scanned documents, and drop off Cheque at Sanatan Mandir OR Drop off completed form in a Dropbox near priest at Sanatan Mandir with:

1. Passport Photo    2. Copy of OHIP card    3. Copy of Birth Certificate
4. A cheque of **\$130** for "Sanatan Mandir Cultural Centre" **(NO CASH)**

**Form is complete only when cheque and all documents are received.**

**Please don't MAIL or submit them separately or at Check-in.**

**Walk-in Registration: 11:30am-1pm, Sunday Jan 7th and 14th, 2018  
at Sanatan Mandir Cultural Centre**

**Registration Deadline: Sunday, Jan. 28, 2018 Noon**

Registration Confirmation Email: Wed. Feb. 7, 2018 (Don't call please)

**CHECK-IN: Friday Feb. 9, 2018 5:00-6:00pm    BUS Departs: 6:30pm (Sharp)**

**BUS Returns: Sunday Feb. 11, 2018 around 5:00pm (Call Sanatan Mandir)**

***For Registration Related Questions Please Call***

**Bharat Patel: 416-498-7190**

**Pramod Patel: 416-729-9008**

**Rakesh: 416-704-8184 (Brampton)**

**Visharad: 905-471-5805**

## Winter Camping

**What to take (Limit one sport/soft duffle bag, one sleeping bag and a small soft hand bag)**

**EXTRA CHARGE OF \$25/BAG FOR LARGE HOCKEY BAGS, CARRY-ON BAGS OR ANY ROLLER BAGS**

### To wear everyday

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Underwear (Fleece/woolen long johns)</li><li><input type="checkbox"/> 2 pairs of thick warm/woolen socks</li><li><input type="checkbox"/> Appropriate Footwear – snow boots and snickers or bath sandal</li><li><input type="checkbox"/> Fleece or wool shirt</li><li><input type="checkbox"/> Pants (fleece/wool or snow pant/ski type)</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Wool sweaters (optional)</li><li><input type="checkbox"/> Knee long winter coat/Parka preferred</li><li><input type="checkbox"/> Winter Gloves/Wool Mitts with water repellent outer shell</li><li><input type="checkbox"/> Toque (Winter cap) or Scarf</li></ul> |
|---|--|

### To Pack

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Blanket and Pillow</li><li><input type="checkbox"/> Sleeping bag</li><li><input type="checkbox"/> Pajamas/Night dress (fleece/woolen)</li><li><input type="checkbox"/> Extra bed socks</li><li><input type="checkbox"/> Indoor shoes/slippers</li><li><input type="checkbox"/> Flashlight</li><li><input type="checkbox"/> Toothbrush and Toothpaste</li><li><input type="checkbox"/> Towel</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Notebook and pencil</li><li><input type="checkbox"/> Smart phone/iPad/iPod/Tablet/Laptop (At camper's risk)</li><li><input type="checkbox"/> Camera/Radio/CD Player (At camper's risk)</li><li><input type="checkbox"/> 2 pairs of extra socks</li><li><input type="checkbox"/> Extra handkerchief</li><li><input type="checkbox"/> Extra wool mitts</li><li><input type="checkbox"/> Comb</li><li><input type="checkbox"/> Soap/Shampoo in a container</li></ul> |
|--|--|

### NOT TO BRING

**ANY EXPENSIVE ITEMS LIKE IPAD, TABLET, LAPTOP (May Bring At Campers Risk)**

**SLED, TOBOGAN, RACERS (FOLDING CRAZY CARPETS ARE OK TO BRING)**

**ABSOLUTELY NO BAG BIGGER THAN 23 cm x 40 cm x 55 cm (9 in x 15.5 in x 21.5 in) ALLOWED**

**WHY NO BIG ROLLER/HOCKEY/HARD BAGS?** The campers have to carry their own bags to their cabins few hundred meters away. It is very difficult to drag or carry large bags in few inches of snow. The rollers don't work in the snow, instead they make it harder. Two smaller bags made from soft polyester cloth are better than one large bag. They are easier to carry or drag. They fit easily in coach's luggage compartments. Leave sleeping bags in its own packing instead of stuffing them in a garbage bag or other bag.

## What you will get at the camp

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Cross Country Skis and Poles</li><li><input type="checkbox"/> Cross Country Ski Boots</li><li><input type="checkbox"/> LOTS OF FUN....</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Accommodation in a heated log cabin</li><li><input type="checkbox"/> Bunk bed with a foam mattress</li></ul> |
|---|---|

## Highlights of Winter Camping

Believe it or not, winter camping can be as much fun as camping in summer. Of course, there's a big difference in temperature and there are new conditions to cope with. But a winter camping experience lets you know that you can cope with all kinds of weather. Just remember, prepare adequately for winter camping, more than you normally do for summer.

As far as equipment are concerned, most of the gear you use in summer can still be used in winter. You will need a sleeping bag made of good down or synthetic materials; water repellent wind proof outer clothing; and warm sets of underwear. Best of all is the fun of skiing, snow shoeing, sliding, tobogganing and snow balling.

To really enjoy winter camping, you must keep warm. The clothing you wear will only KEEP you warm by trapping the heat generated by your own body. The secret of keeping warm is to wear layers of loose fitting clothes. If you wear two light sweaters instead of a heavy one, the trapped air between the layers will act as insulation, and will prevent body heat from escaping. You can remove layers of clothing, when your body becomes very warm while skiing or playing games. Don't forget to put the layers back on to keep yourself warm.

Remember to take out wet socks and keep them near (not on top of) the heating source (dryer or baseboard heater) to dry them. Similarly, give your wet clothes to the volunteers for drying. Wet socks and clothes are very uncomfortable and could make you sick.

**Enjoy winter camping and have lots of fun...**