



Sanatan Mandir Cultural Centre • Markham

Bāl Vidyālay

Information & Registration Form

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Information

Sanatan Mandir Cultural Centre teaches Gujarati alongside the principles of Sanātan Dharma. Children are taught Sanskrit prayers with Gujarati and English translations. Please download the prayers for your reference.

Classes are held every Sunday for children aged 5 to 17. For more information, please contact Kokilaben Joshi (905-472-8130) or Nilay Bhatt (416-618-6020).

Our Goals

Sanatan Mandir has two main goals: promote Dharma and preserve Gujarati. Based on these main goals, Bāl Vidyālay has the following goals:

- Build a firm foundation of Gujarati basics
- Impart foundations of a Dhārmik life
- Instill pride and self-confidence for Sanātan Dharma and Gujarati culture
- Raise awareness of the Dhārmik identity both within the Mandir community and the broader Greater-Toronto-Area society
- Develop social awareness and leadership skills among children

Bāl Vidyālay Activities

Children will learn in a fun-filled environment. Activities are designed for the complete development of the child's character: physical, intellectual, social and spiritual well-being. Weekly activities include:

- Language instruction
- Shlok instruction
- Yogāsan instruction
- Folk stories
- Games
- Arts and crafts
- Occasional performances
- Birthday celebrations

Timetable for 2-hour Sunday Classes

Activity	Time
Start	10:30
Prārthnā	10:30 to 10:40
Yogāsan	10:40 to 10:50
Language and Dharma instruction	10:50 to 11:25
Break	11:25 to 11:30
Language and Dharma instruction	11:30 to 12:10
Story and Discussion	12:10 to 12:20
Ārtī	12:30

Parents are requested to bring their children at 10:15 sharp so that children can settle down in their respective groups and be ready for class to begin. Late arrivals cause a lot of distraction for the children and disrupts the class.

List of Supplies for Each Child

For class, each child should have the following in a bag:

- 1 binder with divider
- Lined paper
- Pencil
- Eraser
- Small snack

Follow-up Home Activities for Parents

Sanātan Mandir recommends parents support their child's learning at Bāl Vidyālay by parallel activities at home:

Home Activity	Recommended Time
Shlok recitation	10 minutes
Yogāsan	5 minutes
Simple games	15 minutes
Songs – Bhajan	10 minutes
Talk/Discussion on Dharma, lives of great people, home life, etc.	20 minutes
Prārthna	5 minutes

Registration Form

Applicant Information

Item	Applicant's Response
Name	
Father's Name	
Mother's Name	
Address	
City	
Postal Code	
Telephone Number (primary)	
Telephone Number (secondary)	
E-mail	
Birth-date (Vikram)	
Birth-date (Gregorian)	
Age	
Grade (between 1 and 12)	

Applicant Background

Background Item	Applicant's Response
Has the child attended any (Gujarati) Language classes before?	<input type="checkbox"/> No <input type="checkbox"/> Yes For how many years? _____ City _____ Institution _____
Has the child attended any classes for Spirituality before?	<input type="checkbox"/> No <input type="checkbox"/> Yes For how many years? _____ City _____ Institution _____
Which Spiritual discipline is your child practicing at home? Check all that apply.	<input type="checkbox"/> Prayer <input type="checkbox"/> Meditation (silent sitting) <input type="checkbox"/> Devotional singing/chanting <input type="checkbox"/> Recitation of God's Name/Mantra/Shlok <input type="checkbox"/> Other (please specify) _____
What do you hope to achieve from your child's regular attendance at Bāl Vidyālay?	
Please indicate your child's interests and talents.	
Describe any special concerns or circumstances that may influence your child's experience in this program (e.g., allergies, fears, learning differences, family problems, transportation issues, single parent, etc.)	

Parental Sign-off

Signature	
Name	
Relationship to Child	
Date (Gregorian)	